

City of Colwood

Proclamation

NEIGHBOUR DAY

WHEREAS Neighbour Day is a day designated to residents opening their doors and getting to know their neighbours through a variety of social activities and engagements, and

WHEREAS research shows that we, as humans, thrive on connection and healthy relationships, and

WHEREAS a sense of belonging impacts both our mental health and physical well-being, and

WHEREAS the 2012 Vancouver Foundation survey reports 46% of people seldom see their neighbours, and

WHEREAS, the 2014 Victoria Capital Region Community Wellbeing Survey reports Victoria residents know an average of only four neighbours well enough to ask a favour of; and

WHEREAS, as demonstrated through Neighbourhood Block Watch meetings, connected neighbours make safer neighbourhoods, and

WHEREAS, **May 7, 2017** has been designated as Neighbour Day to promote and create safe, welcoming neighbourhood communities by increasing inclusion and reducing isolation through neighbor to neighbor connections;

NOW THEREFORE:

I, Carol Hamilton, Mayor, do hereby proclaim **May 7, 2017** as Neighbour Day throughout Colwood, BC and encourage all of our citizens to observe this day and open their doors to meet their neighbours.



Mayor Carol Hamilton



Colwood