

City of Colwood

## Proclamation

## PULMONARY HYPERTENSION AWARENESS MONTH

- WHEREAS Pulmonary hypertension, or PH, is a disease affecting the arteries of the lungs. It can strike anyone regardless of age, sex, social, or ethnic background; and
- WHEREAS pulmonary hypertension refers to high blood pressure in the lungs which causes the arteries of the lungs to become narrowed and scarred. This can result in almost complete closing of the arteries. People affected by this disease suffer from continuous high blood pressure in the lungs, resulting in enlargement of the right heart, and can lead to heart failure and death; and
- WHEREAS some symptoms of pulmonary hypertension are: shortness of breath, bluish or purplish lips, swelling of hands and feet, light headedness/dizziness, especially when climbing stairs or standing up, chest pain, a feeling of being tired all of the time, and sometimes even fainting; and
- WHEREAS the somewhat "generic" symptoms often get mistaken for other less serious illnesses or conditions resulting in patients experiencing significant delays in diagnosis and in receiving lifesaving treatments.

## NOW THEREFORE:

I, Carol Hamilton, Mayor of the City of Colwood, hereby proclaim November 2018 as PULMONARY HYPERTENSION AWARENESS MONTH in the City of Colwood.

Mayor Carol Hamilton



