



TEMPLATE FOR USE BY GOOD NEIGHBOUR LEADERS - Print and distribute to your neighbours

Neighbourhood Pandemic Plan for _____

(Your Street/Block/Building)

As of _____ (date)

Who Needs a Plan?

The COVID-19 pandemic and aftermath affects us all differently. While many have been vaccinated, the threat of variants may persist for some time. Others are dealing with under-employment, potential loss of housing, or need for child care while working from home.

Many neighbours are willing to help others, but don't know what to do.

We all need a plan, one that allows us to ask for help when needed, and to offer assistance when we can. That's what Good Neighbours are for.

The Plan: Make Connections Now

There is an important step all of us can take now as the pandemic threat persists.

Identify someone on your block you can connect with.

Talk with one or more neighbours about checking on you and helping if you need anything. **Reach out.** Some people just need to be asked, and they are eager to assist. You don't need to be sick to ask for help.

If you don't know who you would call, contact one of the following:

(Names and contact info for two volunteers who can help)

When you connect with a neighbour, exchange the following information:

- Names of everyone in your household
- A telephone number and email address

Determine if a simple text message is the best way to stay in touch if you are ill.

Let Your Contact Know When...

- You or anyone in your household is ill so someone can check on you.
- You must isolate yourself for 14 days due to travel or other exposure.
- You just need a quick hand with something, like an errand.
- You want to talk with someone.

We Can Help Each Other

Many residents on _____ (your street or block) are willing to help anyone who asks to:

- Check on each other.
- Pick up groceries at the store.
- Share urgent supplies.
- Connect with each other

Also, check the BC government pandemic response and recovery information for programs that might assist others. See: <https://www2.gov.bc.ca/gov/content/covid-19/info/response>

For more information, you can call:

(Neighbourhood leader contact info)